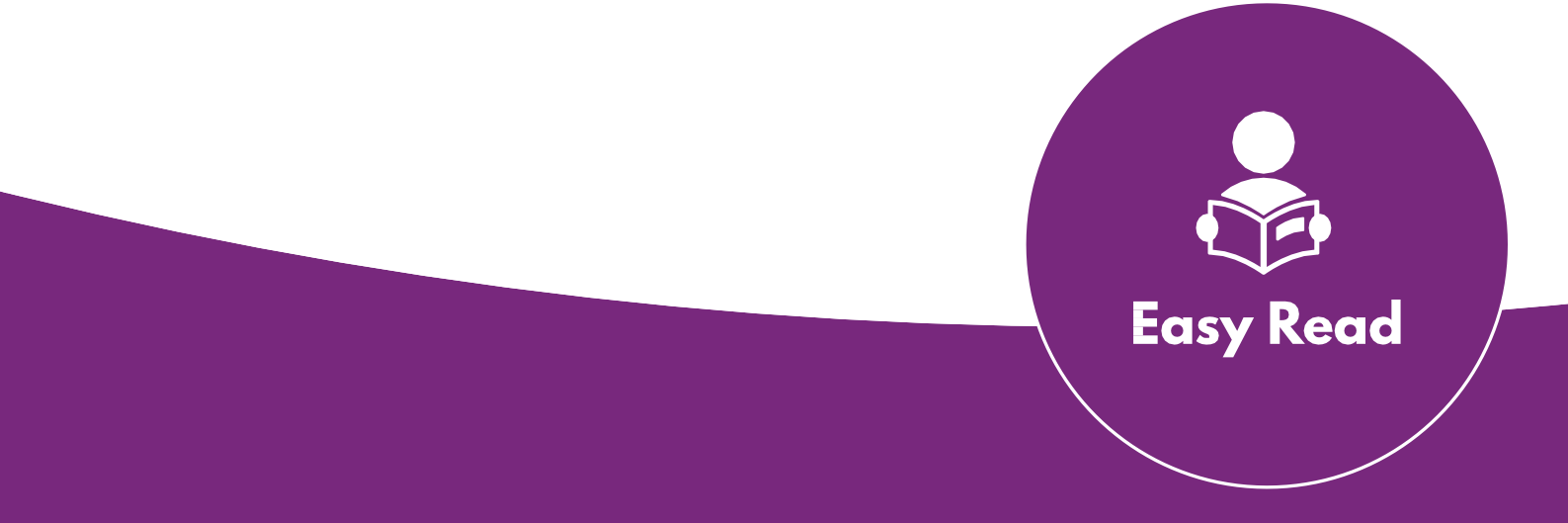
# Creating Access





**What is Advocacy?**

[**www.pwd.org.au**](http://www.pwd.org.au/)[**www.youthaction.org.au**](http://www.youthaction.org.au/)

**Your rights**

Human rights are the rights and freedom we all have.



They are what we need to have a good life.

People with disability have the same rights as people without disability.



Every person should be treated equal.

## Advocacy

Advocacy is about making change by speaking up.



This can be speaking up for

* Your own rights
* Someone else
* An issue in the community

## Doing advocacy

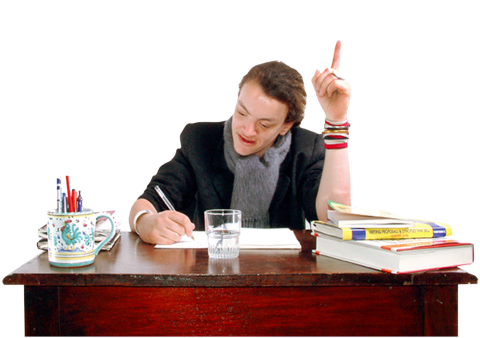
Know the issue.



Know the change you want.



Learn skills.



Talk to others.



Make a plan about how you want to speak up.



## Doing advocacy with others

Speaking up and doing advocacy on your own can be hard.



There are ways you can do it with other people.

You can join a leadership group at your school.



Talk to your local council or youth centre and ask if there is a group you can be part of.



Connect with an advocacy group



* Follow them on social media
* Become a member
* Sign up for their newsletter

## Who can support you

If you want to speak up you can get support from



* Friends or family
* Teachers
* A support worker
* An advocacy organisation

## More information on advocacy

Look at our other factsheets for more information

Speaking up for yourself



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**Speaking up for yourself**

[**www.pwd.org.au**](http://www.pwd.org.au/)

Speaking up for social change



**Creating Access**

**Speaking up for social change**

[**www.pwd.org.au**](http://www.pwd.org.au/)[**www.youthaction.org.au**](http://www.youthaction.org.au/)

## Contact PWDA for more information



Phone **(02) 9370 3100**



Email [**pwd@pwd.org.au**](mailto:pwd@pwd.org.au)



## Contact Youth Action for more information

Phone **(02) 8354 3700**



Email [**info@youthaction.org.au**](mailto:info@youthaction.org.au)

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The information in this document was prepared as part of the Creating Access project.

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