## NDIS Stories 7 – Advocacy and Peer Support

Paul: Without that support saying, well, this is out there, this is out there, you'd be dumbfounded.

Narrator: We asked people with disability whether advocacy and peer support are important in relation to the NDIS.

(gentle music)

Amy-Lee: Advocacy and peer support are phenomenally important. Without that support you go through some stages in your life where you simply would not survive it.

Kelly: Peer support plays such a big role in people being able to understand the system, in being able to understand what might be available to them and what they might need to do to be able to access that and when that's not enough and peer support's not enough, then advocacy plays a vital role in helping people access those supports.

Paul: I had to get support from friends to work out what I needed, add up what sort of budget, expenses. That I wouldn't have known until I had talked with friends. Then I knew in detail what I needed and went from there.

Jaimsie: I don't get too anxious or worry about things too much, 'cause I know I've got other people to help me with things.

Paul: If I didn't have the support that I had, I probably wouldn't have got what I actually needed. I would have said, well, I'm happy to get anything, because at the moment I'm getting nothing.

Beck: Support people I think is a godsend. Just the angels brought them down here.

Narrator: Join the conversation at pwd.org.au/NDISStories