

# Creating Access



PEOPLE WITH DISABILITY  
AUSTRALIA



## What is Advocacy?



**Easy Read**

[www.pwd.org.au](http://www.pwd.org.au)

[www.youthaction.org.au](http://www.youthaction.org.au)

## Your rights



Human rights are the rights and freedom we all have.

They are what we need to have a good life.



People with disability have the same rights as people without disability.

Every person should be treated equal.

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## Advocacy



Advocacy is about making change by speaking up.

This can be speaking up for

- Your own rights
- Someone else
- An issue in the community

# Doing advocacy



Know the issue.



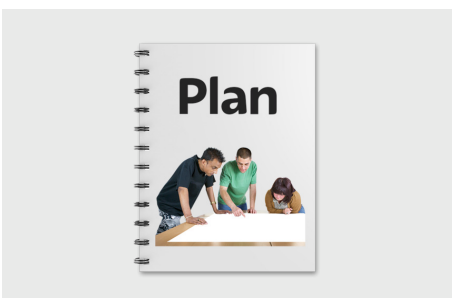
Know the change you want.



Learn skills.



Talk to others.



Make a plan about how you want to speak up.

## Doing advocacy with others



Speaking up and doing advocacy on your own can be hard.

There are ways you can do it with other people.



You can join a leadership group at your school.



Talk to your local council or youth centre and ask if there is a group you can be part of.



Connect with an advocacy group

- Follow them on social media
- Become a member
- Sign up for their newsletter

## Who can support you



If you want to speak up you can get support from

- Friends or family
- Teachers
- A support worker
- An advocacy organisation

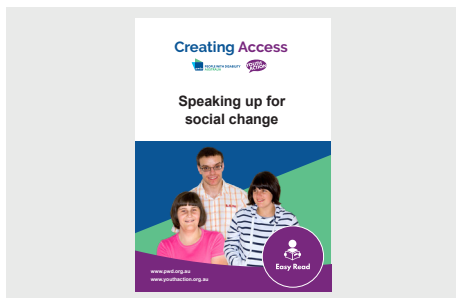
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## More information on advocacy

Look at our other factsheets for more information



Speaking up for yourself



Speaking up for social change

## Contact PWDA for more information



Phone **(02) 9370 3100**



Email **[pwd@pwd.org.au](mailto:pwd@pwd.org.au)**

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## Contact Youth Action for more information



Phone **(02) 8354 3700**



Email **[info@youthaction.org.au](mailto:info@youthaction.org.au)**

# Creating Access



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