## COVID-19 took a toll on women with disabilities

## Funded by the National Mental Health Commission, we at PWDA did some research and here's what we found



partners grew









Telehealth made it easier to get healthcare



Some women had better social lives



Finding a job got easier



Mental health got worse



We're working to make changes, here's what we recommend:





Important responses and information must include everyone





Better access to mental health and domestic violence support



Continue research about women with disability

Encourage work-fromhome in the public service & private sector



Include women with disability as an important part of the process



Do you need help with a problem? We're here for you Call 1800 422 015 or visit pwd.org.au





