

Introduction to My Health Record

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People With Disability Australia (PWDA)

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Acknowledgement of Country

I acknowledge that we are meeting on the land of the Gadigal people of the Eora Nation, I pay my respects to this land, its people, and to the elders past and present.

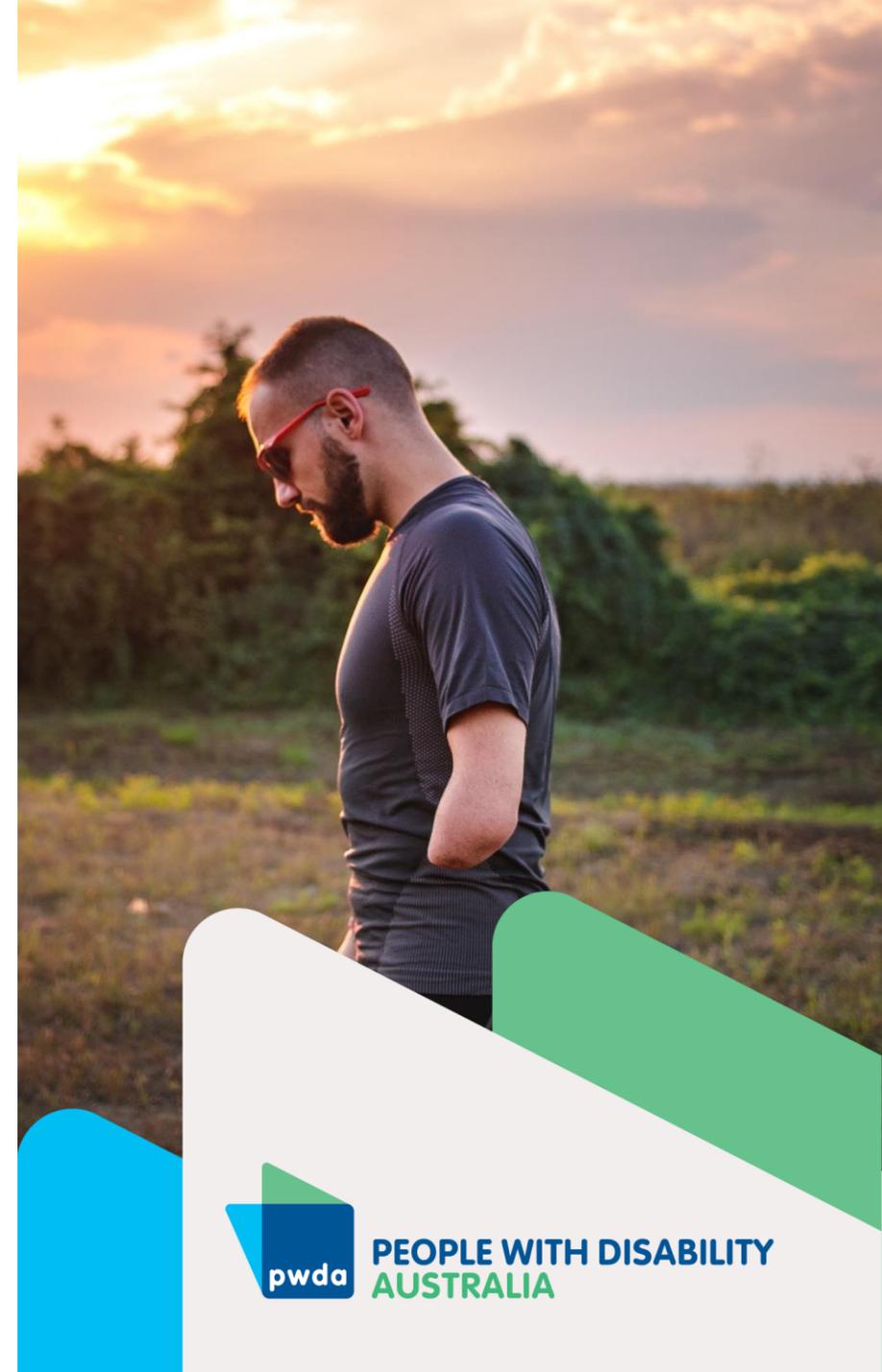
I extend this respect to any Aboriginal and/or Torres Strait Islander people present today.

Always was, always will be Aboriginal Land.

PWDA commissioned artwork by Paul Constable Calcott, Wiradjuri Elder and PWDA member.

Agenda

- Introductions
- What is the Australian Digital Health Agency
- What are digital health services
 - My Health Record
 - my health app
- Myth Busting
- Questions



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The Australian Digital Health Agency

The Australian Digital Health Agency (the Agency) is responsible for making connected healthcare a reality.

The services we will talk about:

- My Health Record
- my health app
- Electronic prescriptions

PWDA has been working with the Agency to make it more accessible for people with disability.

What is My Health Record



An online summary of an individual's key health information



Personally controlled



Part of a national system



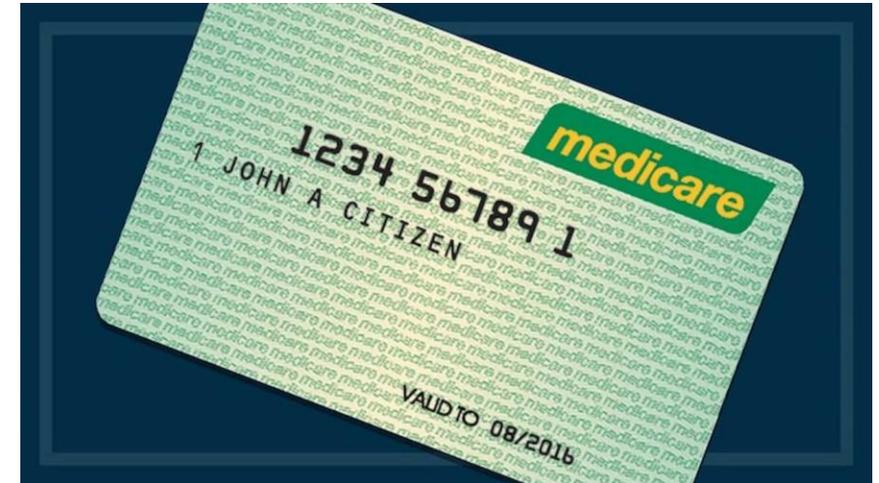
Accessible at all times



Protected

Do you have a My Health Record?

- From February 2019, everyone in Australia with a Medicare card was given a My Health Record account, unless they decided to opt-out.
- If you have recently come to Australia, you may have selected to have a record created.
- If you don't have a Medicare card, you may still be able to get My Health Record.



What is in My Health Record?



Viewing your record

Your healthcare providers will add information about you. You can view your information, which might include:

- Health summary
- Hospital discharge summaries
- Medical event summaries
- Specialist letters
- Test results
- Immunisation information
- Medicare information

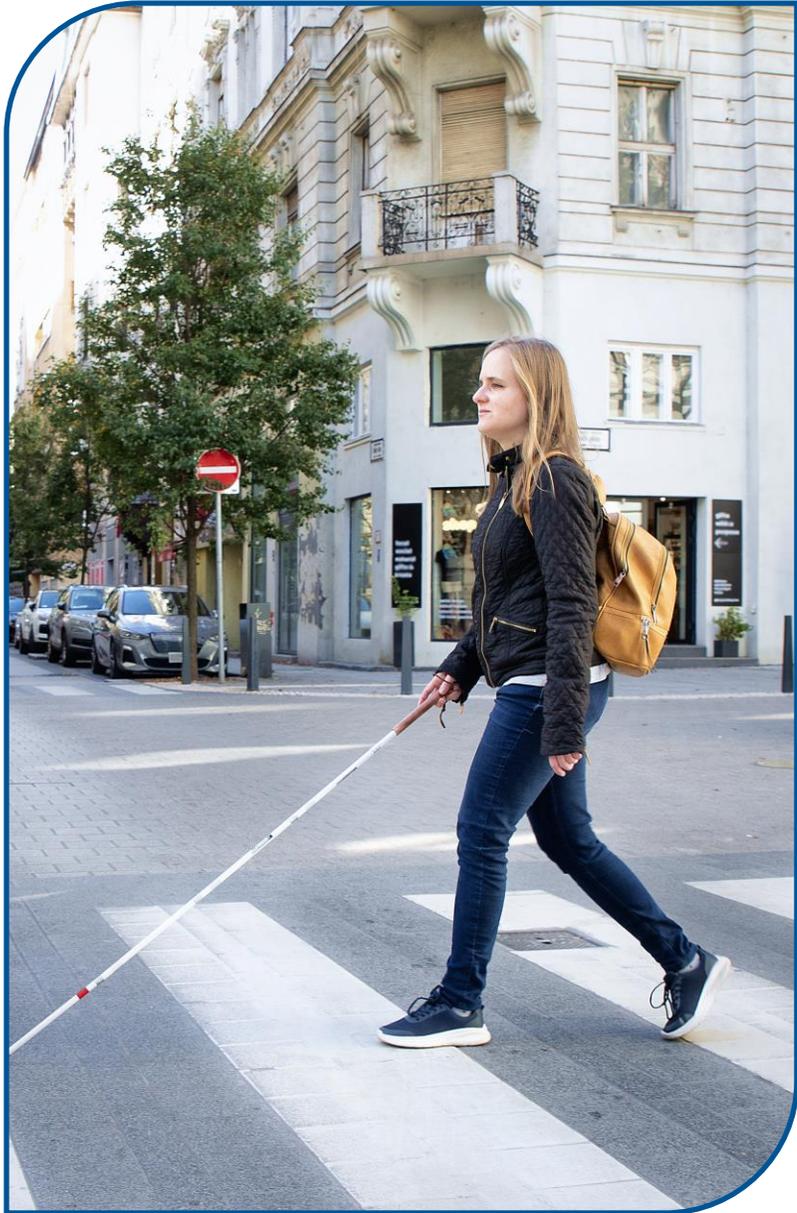
What is in My Health Record? Continued



Entering information

You can add health information to your record, this could include:

- Personal health summary
- Personal health notes
- Advance care planning documents and custodian details
- Emergency contacts
- Childhood development



How My Health Record benefits you

- You don't need to remember your medical history and medicines information.
- It may help to avoid unnecessary tests and scans.
- It may increase the quality of care you receive from healthcare providers.
- You and your representatives can add your health information to your record.
- It gives a detailed view of your health over time.

Myth Busting



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**Everyone can now access my health
data**



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**I need to have a medicare number to
get an MHR**



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Nominated representative

You can choose individuals you trust to access and manage the information in your My Health Record.

- Nominated representatives can help access or manage your health information when you cannot.
- What your nominated representatives can do in your record depends on the level of access you give them.
- You have complete control over what your nominated representatives can see and do in your record.
- You will need to invite the individual you wish to be your nominated representative to give them access to your record.



Authorised representatives

- Responsible for managing a My Health Record for someone who can't manage their own.
- A person who has parental responsibility, legal authority or is otherwise appropriate to act on an individual's behalf.
- Typically, a parent, carer, family member, legal guardian or someone with enduring power of attorney.
- Has complete access and control over their dependent's record, as if it was their own.

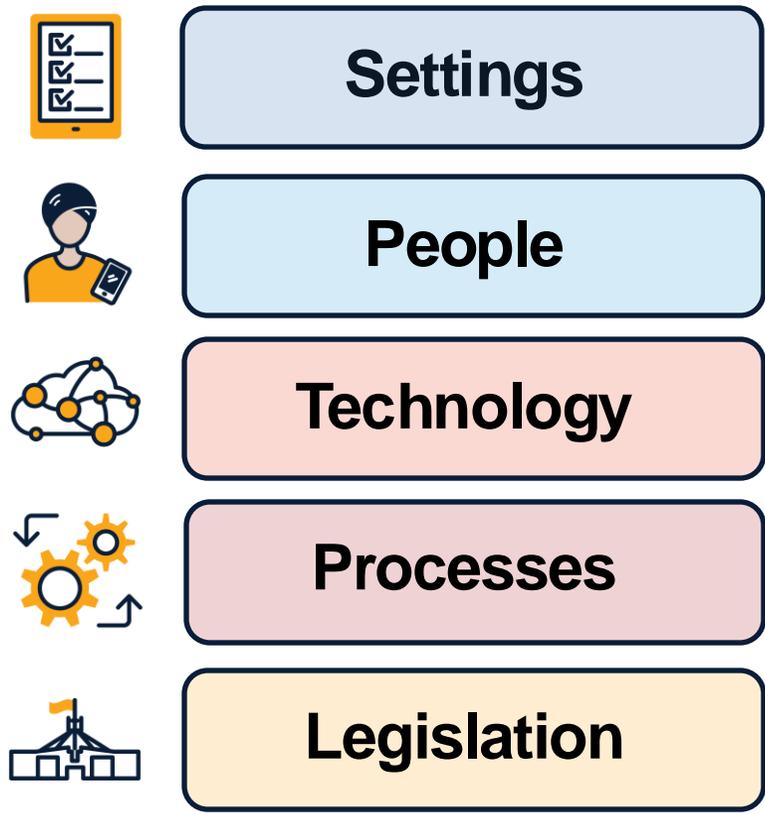




Dr. Simon Towler

Chief Medical Officer - Western Australian Department of Health

How My Health Record keeps your information secure?



My Health Record privacy controls



You can restrict access to specific documents in your My Health Record by setting a Limited Document Access Code (LDAC).



You can restrict access to your entire record using a Record Access Code (RAC).



In an emergency, a healthcare provider can use a 'break glass' function to allow temporary access.



You can receive an SMS or email alert when a healthcare provider organisation accesses your record.



All instances of access to My Health Record are monitored and logged.

How do you look at your My Health Record?



View and add information

- You can log into your My Health Record through MyGov either on your laptop or phone

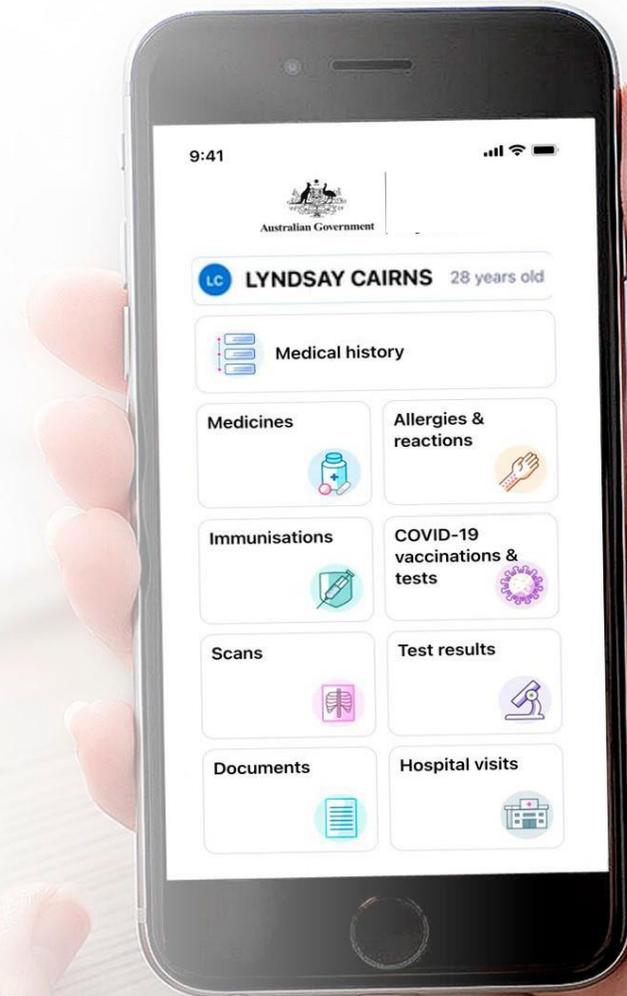
View information

- my health app

What is the my health app?

my health is an application which can be used to access key health information in My Health Record.

- You can install and use the **my health** app on a mobile device wherever you have an internet connection.
- The **my health** app lets you download documents from My Health Record onto your mobile device.
- The app also lets you share documents that contain your health information with other people or organisations.





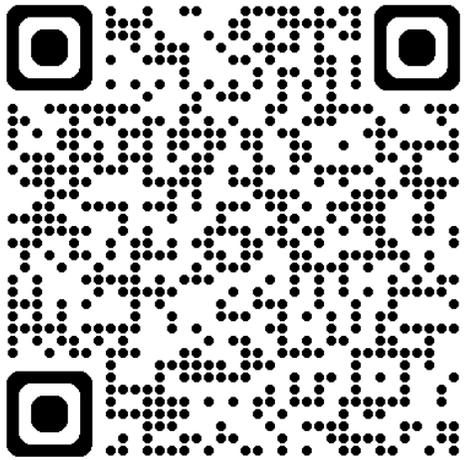
my health app

Powered by My Health Record

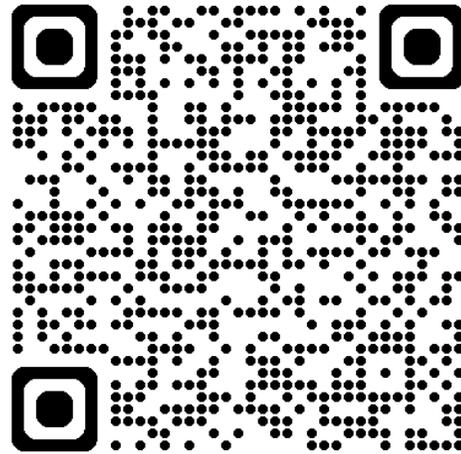
What is in my health app?



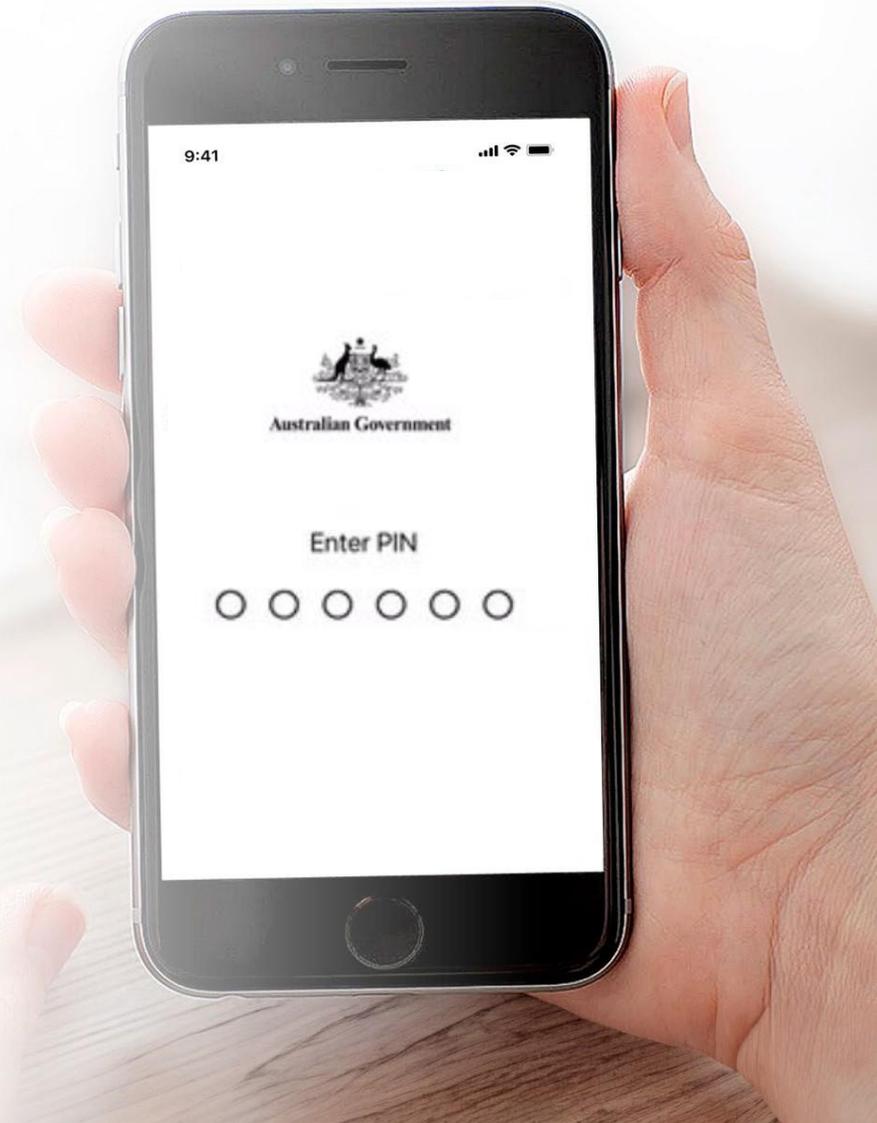
Download the my health app by searching 'my health gov'



Download from Apple app store



Download from Google Play



Further information

For more information and resources, you can go to the [PWDA website](#) and or the [Australian Digital Health Agency website](#)

Accessible information from PWDA



[Australian Digital Health Agency - People with Disability Australia \(pwd.org.au\)](https://pwd.org.au)

Digital Health Learning: for everyone modules



<https://training.digitalhealth.gov.au/mod/page/view.php?id=959>

Myth Busting



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**I only have a smartphone, I dont think
I can register for an MHR and use it
without a pc**



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**My medical information is now stored on
server farms all over the world**



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Feedback



<https://www.surveymonkey.com/r/WL57RBN>



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